

Reducing Addiction – Questions by Topic

Q1.

Briefly outline **one** method for reducing addiction **and** explain **one** limitation of this method.

(Total 4 marks)

Q2.

Outline and evaluate behavioural interventions aimed at reducing addiction.

(Total 16 marks)

Q3.

Outline **one** biological intervention for reducing addictive behaviour **and** evaluate the effectiveness of this intervention.

(Total 16 marks)

Q4.

A team of health workers attended a meeting about how to help a client who wants to give up smoking. They each offered suggestions and the team leader wrote some of the suggestions on a flip chart. The table below shows some of the suggestions.

Describe all the horrid things smoking is doing to her body
Remind her to keep using the patches
Make her smoke until she is feeling sick
Teach her how to say 'No' when someone offers her a cigarette
Tell her to take the pills so she won't want a cigarette

Discuss **one or more** ways of reducing addiction. Refer to some of the suggestions in the table above in your answer.

(Total 16 marks)